

*Western Home Communities is a charitable Christian service organization that assertively creates fulfilling lifestyles for those we serve, their families and our employees.*

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## South campus grows by 18.6 acres *Land purchase allows Villas Phase 10 to commence*

Western Home Communities finalized the purchase of more land in November, expanding the organization's south campus to approximately 170 acres.

"We were able to acquire 3.3 acres from Dr. Mauer earlier this year and we just closed on an additional 15.3 acres from Greenhill Estates (Merrill Oster) recently," explains CEO Kris Hansen. "We're happy that we were able to work with Merrill on this purchase as we have in the past. Merrill has been great to work with through the years, as we both focus on win-win opportunities."

The purchase creates a contiguous campus to the north all the way to Greenhill Road. Prairie Parkway borders the land purchase on the east, Bluebell on the west and Greenhill Road to the north, excluding the property owned by Kimball & Beecher Family Dentistry and the green space owned by the city, which is just west of the dental office.

The land purchase includes all of Wild Rye Way and the western portion of Bluegrass Court, except for the lot where periodontist Shawn Reese, DDS, MS, PC, is located. An updated map is on page two.

Architects and engineers are at work on site development, including utility layouts and street designs.

"If we use all the space for villas, we could build about 28 more duplexes (56 villas)," says Hansen, "but it may be that the land lets us create something else that appeals to new residents. So we're still investigating the options. We definitely plan to start some new villas on Wild Rye Way later in 2022."

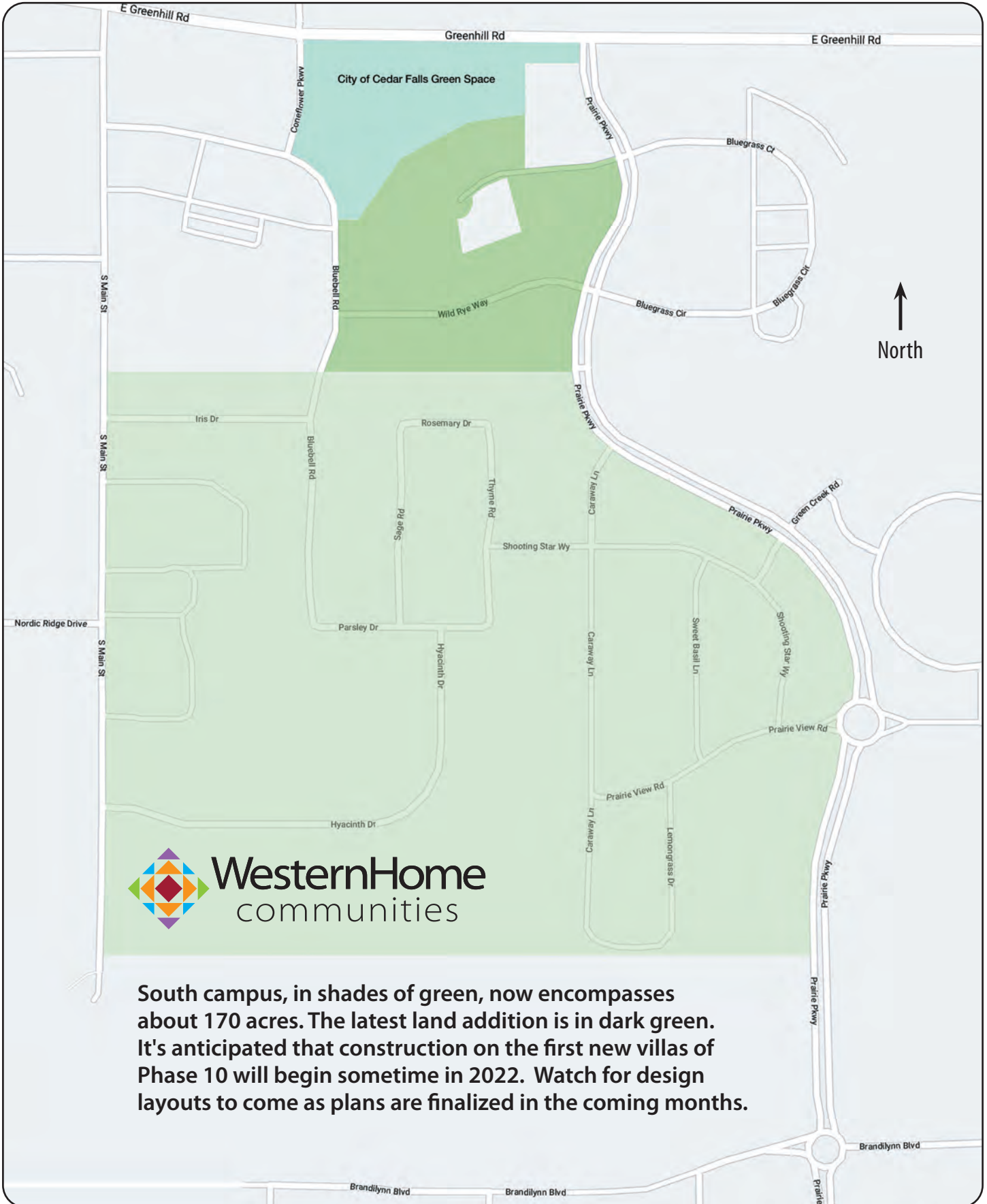
Development on south campus started in the early 1990s when Windgrace and Windermere independent living communities were built on 13 acres of farmland that once belonged to Charles A. Rownd, who built the house and round barn in 1911.

"It's been 20 years since residents moved into the first villas on Iris Drive in 2001," Hansen reflects. "Here we are with 244 villas and townhomes finished and ready to do more. I sure didn't anticipate we'd reach Phase 10, but it's all driven by demand and having the space to grow."

*Continued on page two*



Continued from page one



South campus, in shades of green, now encompasses about 170 acres. The latest land addition is in dark green. It's anticipated that construction on the first new villas of Phase 10 will begin sometime in 2022. Watch for design layouts to come as plans are finalized in the coming months.



## Recruiting Santa's helpers!

**It's official:** Santa Claus is immune to coronavirus and will be making his rounds on Christmas Eve 2021. So the tradition of helping respond to children's letters continues! Be part of the fun as a Santa helper and write replies to children who deposit their letters downtown as part of Holiday Hoopla.

Rachel Phillips will pick up letters the first three Fridays in December. Simply let her know you want to help and she'll deliver a few letters plus stationery and stamps to you.

We won't have organized letter-writing gatherings this year; you can complete letters in your home with a cup of hot cocoa and your favorite Christmas music.

**Contact Rachel by email or phone: [rachel.phillips@westernhome.org](mailto:rachel.phillips@westernhome.org) or 319-222-2060.**

## Making spirits bright!

It's a Christmas tradition to "Adopt A Family" at Western Home Communities.

Each year, we help residents and employees who need a boost for one reason or another. We ask for their Christmas wishes, and others step forward to help make them come true.

For pandemic safety reasons, we won't hang ornaments on a tree this year for donors to select. We'd also prefer that shopping be safe, not in a crowded space. If you would like to make a monetary donation to the cause, please contact Suzanne Makinster at 319-277-2141.

Thank you for sharing the spirit of generosity at this special time of year!



Western Home Foundation and Western Home Communities appreciate being honored through estate gifts, memorials and other donations. We list donor names each month as one way of thanking donors for their generosity. This list reflects gifts received through November 16, 2021. **For information on supporting Western Home Foundation, contact Director of Administrative Services Susan Steffy at [susan.steffy@westernhome.org](mailto:susan.steffy@westernhome.org) or 319-222-2022.**



**WesternHome**  
foundation

***In memory of:***

**Don Erusha**

Dorothy Clausen

**Donna Falk**

Marlys Folkers  
Jane Mertesdorf

**LaVina Fuller**

Jean Swiggum

**Ruth Ann Gooden**

Dorothy Clausen

**Gary Hanks**

Jean Swiggum  
James Peterson  
Sue DeBower  
Nancy Handorf  
Edward Leonard  
Darlene Surface

**Joyce Hufferd**

Dorothy Clausen

**Lathon Jernigan**

Dorothy Clausen

**Gary Karkosh**

Dorothy Clausen

**Rick Koontz**

Dorothy Clausen

**Ann Madsen**

Dorothy Clausen

**Sid Morris**

Dorothy Clausen

**Carly Nielsen**

Dorothy Clausen

**Gene Puetz**

Dorothy Clausen

***Employee Appreciation Fund***

Earl Barnhart  
Dorothy Clausen  
Lucinda Klodt  
Ruth & Homer Leymaster  
Louise Odle

***Mary Taylor Scholarship***

Jane Mertesdorf  
Margaret Shay  
Lucinda Klodt  
Phyllis Steele

***Good Samaritan Fund***

Pearl Goos Family

***Other Gifts***

Jeanne Thuesen  
Dr. Richard & Connie Frankhauser  
Bill & Kathleen Niedert  
Marjorie Potter  
Chad & Cindy Wiles

***Fresh Wind Ministries (listed quarterly)***

JoAnn Ackman  
Mervin Andersen  
Margaret Bettis  
Kenneth Bixby  
Donna Brown  
Shirley Cain  
Cleo Cross  
Joyce Cutshall  
Mark & Molly Eggleston  
Marlene Engen

Beverly Fish

Judith Fogdall

Kent & Joyce Folsom

James Geiger

Dave & Cindy Glasener

Bob & Donna Grosse

Dorothy Guldner

Butch & Sherry Hammer

Dave & Jess Hansen

Alice Hansen

Vernon & Marcia Hansen

Clifford & Donna Hansen

Alice Hansen

Wayne & DeMaris Hochhalter

Lorene Howard

Albert & Cathy Humke

Charles & Georgine Hurt

Robert & Theresa Kindig

Howard & Darlene Klatt

Lucinda Klodt

Paul & Janine Knapp

Tony & Virginia Koeff

Russell Kool

Miriam Krallman

Donald Krull

Merle & Joyce Larkin

Homer Leymaster

Monte & Sonia McCunniff

Carl Meusel

Kenneth Miller

William & Donna Mincks

William & Kathleen Niedert

Louise Odle

Bob & Rhoda Olson

Larry & Sharon Petersen

Gale Peterson Jr.

Juanita Rekers

Mickey & Elaine Rosenau  
 Joan Rozendaal  
 John & Patricia Schultz  
 Ronald & Barbara Seufferlein  
 John Solberg  
 Richard & Martha Stanford  
 Darlene Surface  
 Karen Swanson  
 Robert & Joanne Tefft  
 Robert & Barbara Thalman  
 Lura Treloar  
 Dee Way  
 Lois Wishmeyer

***Alice Isenhower Fund  
 (listed quarterly)***

JoAnn Ackman  
 Mervin Andersen  
 Cheryl Bearbower Staton  
 Betty Brandhorst  
 Sidney Bunger  
 Shirley Cain  
 Cleo Cross  
 Joyce Cutshall

Marlene Engen  
 Beverly Fish  
 Kent & Joyce Folsom  
 James Geiger  
 Dave & Cindy Glasener  
 Bob & Donna Grosse  
 Butch & Sherry Hammer  
 Kenneth Hansen  
 Alice Hansen  
 Vernon & Marcia Hansen  
 Clifford & Donna Hansen  
 Daniel Hanson  
 Mary Lou Hanson  
 Randy & Debra Hickok  
 Charles & Georgine Hurt  
 Tim & Sara Janssen  
 Howard & Darlene Klatt  
 Paul & Janine Knapp  
 Russell Kool  
 Miriam Krallman  
 Lee & Barb Larsen  
 Monte & Sonia McCunniff  
 Carl Meusel

Bill & Donna Mincks  
 Garry & Christie Moore  
 J. S. Morgan  
 Mary Murphy  
 Carol Neumann  
 Selma Ochoa  
 Bob & Rhoda Olson  
 Gale Peterson Jr.  
 Connie Rasmussen  
 Patricia Reyhons  
 Gene & Janet Sandell  
 Barb Seufferlein  
 Richard & Martha Stanford  
 Richard & Karen Swanson  
 Don & Carol Walsh  
 Dee Way  
 Dave Williams  
 Lois Wishmeyer

***Last month, a donation in honor of Richard Buchanan was incorrectly labeled; we regret the error.***

## Charitable gift annuities: The gift that keeps on giving



A charitable gift annuity (CGA) with Western Home Communities lets you receive guaranteed income for life and leave a legacy forever.



A CGA is part investment, part gift. At WHC, residents of a villa, townhome or independent living apartment can use any portion of their anticipated refund to start the annuity. Cash, stock and other appreciated assets can be used as well.

During the lifetime of the donor(s), they receive a fixed amount of annual income, determined by their age - the older the annuitant, the higher the payout. This provides a guaranteed steady income, instead of one subject to variations of the stock market. The assets remaining at death become a gift to Western Home Communities.

Donors may take a charitable tax deduction based on the present value of the gift spread over a period of years, and most of the annual income is tax-free.

A CGA is a popular gift because its rate of return never changes after the gift is made, no matter what is happening in the world. Most important, it is income you can **never** outlive.

Contact Chief Operating Officer Jerry Harris or Director of Administrative Services Susan Steffy at 319-277-2141 with questions or to set up a time to review an example particular to your situation.



## Chaplain's Corner: Bah Humbug!

by *Chaplain Garry Moore*

Almost everyone reading that phrase will recognize it from Charles Dickens' famous novel, "A Christmas Carol." There have been many different film adaptations produced over the years. My favorite is the "Muppets Christmas Carol!" The humor in it makes it more enjoyable for me. As Ebenezer Scrooge focuses on the realities of his past, present and future, he has a change of heart about Christmas. He becomes a person of joy and generosity. Let's look at two reasons for those attributes around Christmas.

One of my favorite acronyms for JOY is Jesus, Others, You. Jesus truly is the reason for the joy of the season. Remember what the angels said to the shepherds: *And behold, an angel of the Lord stood before them, and the glory of the Lord shone around them, and they were greatly afraid. Then the angel said to them, "Do not be afraid, for behold, I bring you good tidings of great joy which will be to all people. For there is born to you this day in the city of David a Savior, who is Christ the Lord."* Luke 2:9-11.

Notice the focus of the angels' message: Don't fear. You will find that encouragement in the Bible over 365 times. Then there are the tidings of great joy, the message of the birth of a Savior.

The main reason he was born in Bethlehem was to die in Jerusalem on a cross in order to give salvation to sinners. "For the wages of sin is death, but the gift of God is eternal life in Christ Jesus our Lord." Romans 6:23.

The second attribute that abounds at this time of the year is generosity. "You know the generous grace of our Lord Jesus Christ. Though he was rich, yet for your sakes he became poor, so that by his poverty he could make you rich." 2 Corinthians 8:9.

I like to say Heaven's best came for earth's worst so that earth's worst can have Heaven's best. When we truly experience the reality of salvation from the penalty of our sins through Christ's sacrifice on the cross, we will become like the believers in Corinth. "Yes, you will be enriched in every way so that you can always be generous. And when we take your gifts to those who need them, they will thank God. So two good things will result from this ministry of giving—the needs of the believers in Jerusalem will be met, and they will joyfully express their thanks to God. As a result of your ministry, they will give glory to God. For your generosity to them and to all believers will prove that you are obedient to the good news of Christ." 2 Corinthians 9:11-13.

I hope this Christmas season finds you being a person of joy and generosity, because Christ has a home in your heart. May God give you His greatest hope so you can truly have His greatest help.

## Worship with us!

As The Journal went to print, Fresh Wind Worship was still being offered virtually instead of in person due to a COVID-19 positivity rate hovering around 14% in Black Hawk County. We continue to monitor the spread of infection and hope we can meet together soon.

In the meantime, please join us online or via television for

weekly worship. A recorded service will be livestreamed on YouTube.com (search for Fresh Wind Ministries) each Sunday morning at 10:30 a.m. Or you can visit YouTube for service recordings anytime.

**Broadcasts will also continue on local cable television.**

**CFU channel 18 or 95.5: Sunday at 11 a.m.**

**Wednesday at 3 p.m. • Saturday at 4 p.m.**

## More than the place we hang our hats...

What does *home* mean to you? What does it mean through the eyes of someone else?

This fall, University of Northern Iowa (UNI) students from the interior design and art departments decided to explore this topic through the eyes of some residents of Western Home Communities, creating an intergenerational connection.

“This was a meaningful project for all those involved,” says art instructor Alex Dooley. “It took students outside their comfort zone and into the community. They discovered home can be many places and the meaning of home is not necessarily tied to objects, but more to the memories.”

Dooley and interior design professor Gowri Betrabet Gulwadi asked students to study the meaning of home through experiences, objects, places, time and people in the community.

Students conducted multiple interviews with 10 villa resident volunteers – Nell Wilson, Greg and Jan Hankins, Roger and Vicki Neessen, Bob and Donna Grosse, Norma and Ron Leibold, and Donna Pohl. They also took photos inside their homes, which were analyzed and categorized by the observations of the students.

Collectively, the students then created eight categories that emerged as meanings of home: memories, sensory, territory, comfort, choice, relationships, culture and traditions, and time and movement.

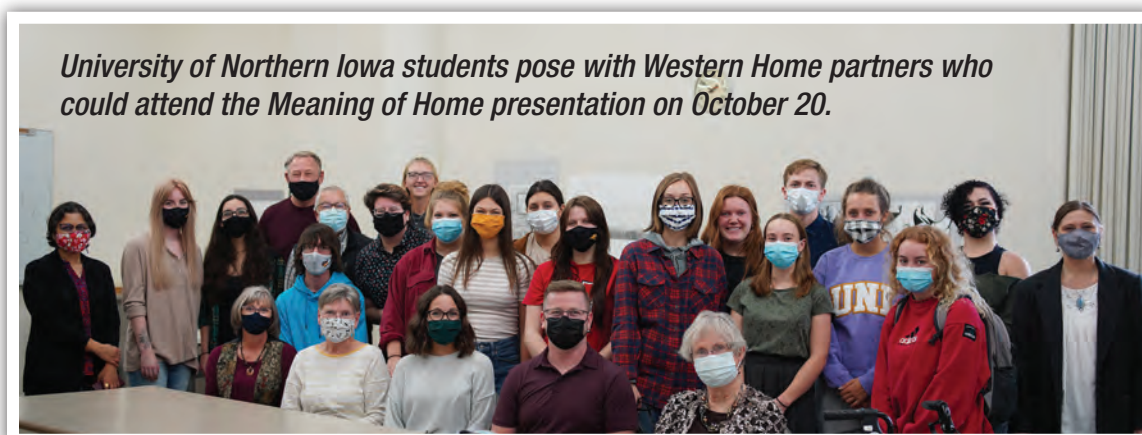
Students unveiled the project results at a presentation in late October and invited residents to attend. Students reported that, over time, the meaning of home expands through life experiences; and spaces can be emotionally significant, not simply functional.



*Villa residents Greg (at right) and Jan (in gold pants) Hankins pose with their UNI partners.*



*Artwork created by one of our University of Northern Iowa students as part of the Meaning of Home project.*



*University of Northern Iowa students pose with Western Home partners who could attend the Meaning of Home presentation on October 20.*

They also learned from residents that nothing in life is permanent and everything is temporary. It's important to have a grateful heart and be happy for what you have.



## Creative Christmas story will come to life with marionettes

A sick day in elementary school nearly 90 years ago started a lifetime passion that a Prairie Wind resident will soon share with his community.

One of Hovey Brom's childhood neighbors helped him pass the time when he was sick for a while in second grade. She brought the supplies for a marionette, a puppet you control using strings attached from above. Together they built Hovey's first marionette of many to come, whom he named Jingles.

"When you make one and have fun with it, then it gets in your blood and you want to make another," explains the 96-year-old resident. "And, people enjoyed them."

Christmas became the perfect platform for a marionette show, with a built-in audience of several aunts and uncles who brought his cousins along to a celebration at the Hovey farm. When he was young, his mother helped with the

show. When Hovey married, his wife assisted; then, their children got involved.

Later this month, some current neighbors will serve as assistants for his first show in at least 20 years that they're putting on



*Santa and friends from Hovey's Christmas story.*

for Prairie Wind. It might never have happened; the marionettes had been stored since 2008 and Hovey wasn't sure what to do with them. He decided to become reacquainted with his

old friends and give them some much-needed repairs and TLC.

His collection includes more than 15 marionettes; a few were made by his children, some were given to him and others he created out of

balsa wood and doll heads. An architect by trade and sculptor by hobby, it's no surprise he even created a backdrop for the upcoming performance and painted it with trees.

Without giving away Hovey's entire Christmas story, we'll tell you that Santa Claus arrives and the Black Knight kidnaps him so he can keep all the toys. You can imagine what happens to save the day with all his marionettes involved. Some of the characters include Johney, Jingles, Shorty, Two Gun, a policeman, a Chinese dragon, a pony and a sailor!



*Hovey Brom and Jingles, his first marionette.*



*Hovey's children created the Charlie Brown marionette, at right. Charlie and other characters are part of the Christmas show.*



## Winnie's watercolors bring life to pandemic isolation

With a bottle of brushes, a notebook of paper and paints by Crayola, Winnie Rohrbaugh of Windridge decided to make use of her time during the pandemic by reviving a long-dormant love of painting. "I mostly put the paints away after we moved to Cedar Falls in 1972 and raised our children," says Winnie, whose late husband, Phil, was a long-time physician at Medical Associates. "During COVID-19, though, I had plenty of time and I never got bored!"

Certainly not: Winnie knitted caps and booties, read books and completed 70 watercolors during those months of isolation. She offered the results for sale at the Friends of WHC Handcrafted Sale on Oct. 30.

Winnie's love of painting first blossomed as a young adult. In 1965, with a husband busy in medical school, she took a night class and joined an art group in her apartment building. "I learned perspective and horizon, plus the basics of drawing," Winnie recalls. "Then we moved and the instructor lived down the street, so we painted together once a week for a few years. It was fun!"



*Winnie with a painting that was popular at this year's Handcrafted Holiday Show & Sale.*



*Winnie keeps her supplies simple and her inspiration of photos, magazines and calendars nearby.*

Winnie finds inspiration all around her and often paints landscapes, birds and animals from travel photos, calendars and other pictures she finds. She loves the satisfaction of putting something beautiful on paper and creating memories.

Now that the worst of isolation is over, Winnie is thankful to have returned to her hobby; she wants to paint more and plans to add acrylics and oils to her repertoire.

Winnie also likes to paint with others. If any resident wants to meet and join Winnie in creating art, feel free to contact [marketing@westernhome.org](mailto:marketing@westernhome.org) to make a connection.

A 1969 move to Germany found Winnie able to do more drawing than painting, especially of landscapes from a nearby park. A large sketch of a favorite tree there is one of the many original drawings and paintings that fill her home.

Winnie finds a lot of fun in her hobby. Some of her first pandemic paintings included pigs; she said one of those pigs came out pretty well so it needed a name. Her daughter aptly named it "Sir Francis Bacon."



*Winnie at this year's Handcrafted Holiday Show & Sale.*



## New in 2022: On demand group fitness classes

by *Director of Wellness  
Morgan Lehmann*

We are excited to kick off the new year by offering recorded workout classes! We will continue our live classes, but the recordings are a great option to get your workout in if you miss a live class or prefer to workout at a different time. We hope you find these videos beneficial.

This option will begin in January. Please reach out to Morgan or Jenna if you have any questions or if you are interested in recorded classes.

Just like our live classes, we will keep track of who attends (or, in this case, who uses the videos). These videos are included with your monthly group fitness class fee, if this applies to you.

We are looking forward to serving more of you through our videos. Here is a list of the recorded classes we offer, along with a short description:

**Total Body Strength:** This high-intensity, 30-minute class will get your heart rate up! This class is designed to develop endurance, muscular strength and stability using a variety of equipment and functional movements to challenge every major muscle. This class is for advanced exercisers and participants must be able to get on and off the floor independently.

**Be Fit:** This 30-minute class will be what you need to start your day! We will stand unassisted for the entire 30 minutes while getting your heart rate up. We will use a variety of equipment and movements to help you work all major muscle groups. We will not get on the floor in this class. This class is for moderate level exercisers.

**Sit & Be Fit:** A 40-minute class with a mix of seated and standing exercises, this class is great for beginner and intermediate exercisers looking to build strength and improve overall functional fitness while working major muscle groups. Participants in this class will use a variety of fitness equipment while engaging in a total body workout with the assistance of a chair.



**Align & Balance:** This 30-minute class will cover a variety of exercises aiming to improve balance, range of motion and joint stability. All exercise levels are welcome to join.



**Yoga:** A 45-minute class where movements coordinate with breath to flow from one pose to another. Postures are practiced to align, strengthen and promote flexibility in the body. Prior yoga experience is not necessary.

## Have you joined The Grosse Wellness & Aquatic Center?

Reach out to Morgan for a tour and membership information! Make plans now to start healthy habits in the new year.

## WELLNESS RECIPE OF THE MONTH Holiday Hummus Appetizer

### Ingredients

- 1 container of plain hummus (17 ounces)
- 1/2 cup reduced-fat, crumbled feta cheese
- 1/4 cup thinly sliced green onions
- 3/4 cup chopped Italian flat-leaf parsley
- 1 teaspoon extra virgin olive oil
- 1/16 teaspoon kosher salt
- Cherry tomatoes, halved
- 1 large red pepper, optional
- 1 - 1 1/2 tablespoons very finely crumbled, reduced-fat feta cheese
- Optional dippers for serving: whole-grain pita chips, wedges of whole-wheat pita bread, or red and green veggies

### Instructions

1. In a medium-sized bowl, combine hummus, 1/2 cup feta, and green onions.
2. Use a rubber scraper to spread the hummus mixture in a circle on a plate.
3. In another small bowl, toss parsley, oil, and salt until the parsley is thoroughly coated and the oil and salt are evenly distributed. Spoon parsley mixture on top of the hummus layer, leaving a small border of hummus showing all around.
4. Place halved cherry tomatoes, cut-side down, randomly throughout the parsley layer, so they look like Christmas ornaments.
5. Sprinkle entire wreath lightly with a dusting of finely crumbled feta, to look like snow.



*Recipe from TwoHealthyKitchens.com.*

## Save the date for WHC Night at UNI men's basketball

After a 2021 hiatus due to the pandemic, our annual night in the Alumni Suite is reserved for **Wednesday, Feb. 9, 2022**, when the Panthers take on Southern Illinois.

Tipoff is at 7 p.m. The pre-game reception will begin at 6 p.m. Game tickets will be \$15.

Watch your front desk or K4 Connect for information on purchasing tickets, and for the latest information on transportation; a bus decision will be made later in hopes the county's virus positivity rate declines.



## Travel in 2022: Details coming soon

Arrangements are being made for Away from Home with Western Home to offer five resident travel opportunities in 2022.

At this point, it appears trips will occur in April, May, June, early fall and late November/early December, with a holiday visit to an as-yet-unvisited Midwestern city. Any guesses?

Watch the January Journal for a list of locations! Registration for the first two trips will begin January 10.



## Happy December birthday!

Karen Fuller	MS	Dec. 1	Janet Bretey	VTH	Dec. 13
Jim Doud	PW	Dec. 1	Mary Lou Knight	VTH	Dec. 14
Glen Groothuis	WC	Dec. 1	Jim Lubker	PW	Dec. 15
Paul Willy	VTH	Dec. 1	Barb Cooper	WW	Dec. 15
Dorothy Haskins	MS	Dec. 2	James Madill	VTH	Dec. 16
Ruth McFadden	DS	Dec. 2	Nancy Gephart	WHAL	Dec. 17
Dave Kirkle	PW	Dec. 2	Gordy Ubben	VTH	Dec. 17
Patricia Shimp	WHAL	Dec. 3	Mary Lou Costa	CTG	Dec. 18
Jean Swiggum	WC	Dec. 3	Rita Congdon	VTH	Dec. 18
John Golz	VTH	Dec. 3	Terry Townsend	VTH	Dec. 18
Lila Epling	MS	Dec. 4	Stacey Winter	MS	Dec. 19
Barb Davis	TS	Dec. 4	Lorene Howard	WC	Dec. 19
Marilyn Geesaman	CTG	Dec. 4	Elsa Waschek	WHAL	Dec. 20
Shirley Cain	WM	Dec. 4	Emogene Marty	WHAL	Dec. 20
Judy Weekley	VTH	Dec. 4	Agnes Berky	WW	Dec. 20
Bonnie Bickett	VTH	Dec. 4	Judy Stamberg	WR	Dec. 20
Mervin Carnahan	VTH	Dec. 4	Judy Jorgensen	VTH	Dec. 20
Oneta McCarty	WHAL	Dec. 5	Bruce McCart	WW	Dec. 21
Butch Hammer	PW	Dec. 5	Dick Beener	VTH	Dec. 21
Helen Lund	WC	Dec. 5	Carroll Berg	WHAL	Dec. 22
Thos Sumner	WHAL	Dec. 6	Joann Carlo	CTG	Dec. 23
Pat Cleigh	VTH	Dec. 6	Marilyn Groothuis	WC	Dec. 23
Mark Mortenson	PW	Dec. 7	Tom Eastman	WC	Dec. 23
John Mehlert	WW	Dec. 7	Hazel VerMulm	VTH	Dec. 23
John Focht	VTH	Dec. 7	Marlene Brim	VTH	Dec. 23
Barbara Oltman	WC	Dec. 8	Marian Brandt	VTH	Dec. 24
Paul Klotz	WG	Dec. 8	Eleanor Parker	VTH	Dec. 25
Joann Ackman	VTH	Dec. 8	Kent Folsom	PW	Dec. 26
Lorraine Tonn	VTH	Dec. 8	Don Krull	WC	Dec. 26
Jean Richardson	VTH	Dec. 8	Steve Armbrecht	VTH	Dec. 26
Floyd Winter	WHAL	Dec. 9	Paul Zimmerman	DS	Dec. 28
Karen Olmstead	CTG	Dec. 9	Francis Pardoe	VTH	Dec. 28
Patricia Peckham	WR	Dec. 9	Gary Rosauer	VTH	Dec. 28
Ron Leibold	VTH	Dec. 9	Eunice Easton	WHAL	Dec. 29
Anne Lukes	WHAL	Dec. 10	Hazel Messer	WC	Dec. 29
Ramona Edgerton	TS	Dec. 10	Miriam Krallman	WR	Dec. 29
Marlene Behn	VTH	Dec. 10	Marjorie Sander	DS	Dec. 30
Mike Entz	PW	Dec. 11	Anne Paxton	WG	Dec. 30
Shirley Meester	WR	Dec. 11	Bob Robinson	WR	Dec. 30
Jeff McKelvie	WG	Dec. 13	John Lofstedt	VTH	Dec. 30
Bethel Hammer	WR	Dec. 13	Esther Lageschulte	WHAL	Dec. 31
Marcia Simpson	WR	Dec. 13			

# Friends

OF WESTERN HOME COMMUNITIES

## Non-breakfast proves to be a winner

For two years now, we've had to look for a silver lining when the pandemic prevented us from gathering for the Friends of WHC Breakfast, an annual tradition since the early 1970s. A letter requesting support for Friends projects gave residents and others a chance to donate anyway –

and donate they did, setting a record for the “breakfast” by contributing \$21,387! That’s \$2,300 more than the previous record. Thanks to all who donated to make this happen.

Fingers crossed we can all enjoy a real breakfast in 2022!

**Whole Breakfast Platter**

**Sponsors: \$1000**

Steve Armbrecht  
Cynthia Fisher  
Marleta Matheson  
Marlys Simpson

**Two Fresh Biscuits and Honey Sponsors: \$350**

Pam Correll  
Richard and Connie Frankhauser

**Golden Hash Browns Sponsors: \$300**

Darrell and Marian Brandt  
Cabinets Galore  
Larry and Barb Cardamon  
Anita Dowell  
Bev Fish  
Dick and Sheila Loughren

**Cinnamon Roll Sponsors: \$250**

Rosemary and Bob Beach  
John and Sandy Golz  
Bob and Donna Grosse  
JoAnn Johnson  
Marlys Karkosh  
Helen Lund  
Roger and Vicki Neessen  
Phyllis Steele  
Stickfort Electric

**Three Sausage Link Sponsors: \$200**

Jay and Kathy Agness  
Marcia Colwell  
Kay and Shirley Connelly  
Ken and Carol Cox

Linda Davis  
Marlene Deery  
Bob and Mary Beth Dieter  
Dean and Sherri Dreyer  
Dan and Mildred Eicher  
Betty Fridley  
Nancie Handorf  
Bob and Bonnie Humble  
Jerry and Marian Larson  
Dan and Chris Lorenz  
John Maughan  
Dennis and Marlys Mitchell  
Marge Polacek  
Margaret Shay  
Martha and Richard Stanford  
Dave and Karen Zwanziger

**Two Scrambled Eggs Sponsors: \$150-175**

Gary and Donna Brown  
Louise Frevert  
Lois Wishmeyer  
Ron and Norma Leibold  
Reno Rodeghiero  
Al Tapper

**Pot of Coffee Sponsors: \$125**

Barbara Anderson  
Carolyn Ayers  
Ed and Sally Baker  
Sue DeBower  
John and Karen Eastland  
John and Judy Focht  
Lori Freet  
Tim and Margene Grady  
Kris and Sue Hansen  
Gene and Aurelia Harringa  
Dean and Barbara Hutchison

Bertie Jepsen  
Miriam Krallman  
Jerry and JoAnn Kramer  
Heather Lawrence-Richards  
Ann and John Lofstedt  
Roger and Rita Ludwig  
Mary Ellen  
Dick and Bev Michael  
Donnabelle Miller  
Bill and Donna Mincks  
Mary Ellen Murphy  
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Dick or Christie White  
Cindy and Chad Wiles  
Lee and Pat Williams  
Don and Mary Jo Woody  
Rachelle Yousefi  
Country Estate Fence  
Montage  
Overhead Door Co.

**Other donors: \$10-100**

Anonymous  
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June Neidert  
Jean Oleson  
Reg and Suzan Schmitt  
Marlys Folkers  
Evelyn Wohlwend  
Becky Hardman  
Jane Jackson



## Congratulations!

These employees celebrate milestone anniversaries with Western Home Communities in December. We thank them for their service and dedication.

**Beth Hines**  
15 years  
December 1  
Household  
Coordinator,  
Nation Cottage



**Marty Ciesielski**  
5 years  
December 2  
Cook, Jesup



**Britney Borcharding**  
5 years  
December 7  
CMA, Thuesen  
Cottage



**Lisa Wagner**  
10 years  
December 30  
Business office  
assistant



## Meet our Employee of the Month, Don Jones

**Don** works as a lead cook at Windhaven Assisted Living. He joined the Western Home Communities family 20 years ago, in November 2001.

Here are a few things that were written in Don's nomination:

- Don takes pride in his work and when residents order something specially made, he tries to make that happen and he usually succeeds.
- He is helpful to everyone.
- Don is so calm, easygoing and kind.
- Don has a servant spirit and is always putting people first, fulfilling the lifestyles of those around him.

Your Western Home Communities family congratulates you, Don, on being named our employee of the month for November 2021.

## Stop by your Christmas shop

Looking for holiday treats, festive holiday decor or a unique gift? Visit The Market at Jorgensen Plaza, open to the public Monday - Friday, 10 a.m. - 5 p.m.



## Notes of appreciation

We acknowledge with deep appreciation your kind expression of sympathy. Thank you for thinking of us!  
*The family of Joan F. Burns*

Thank you for the thoughtful red rose in memory of Donna Falk. She was a lover of flowers. We are blessed to know that she is rejoicing to be in heaven and at home. Our sincere appreciation for the staff who took such good care of Mom. She especially enjoyed the many activities at Windhaven. . . from crafts, chair exercise, chat with chaplain, church services to name a few. . . and we can't forget her twice-weekly hair appointments! *Love from all of Donna Falk's family*

## In sympathy

Marian Christiason, DS	Nov. 22
Rebecca Scheel, DS	Nov. 21
Marilyn Mehnhaus, WR	Nov. 11
Patricia Kellner, MS	Nov. 3
Carol Showalter, DS	Nov. 1
Bob Ramsey, WHAL	Oct. 30
Vernon Reddout, DS	Oct. 29
Margaret Schrader, DS	Oct. 26

## BOARD OF DIRECTORS

Sarah Brown	Ron Gaines
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Larry Fox	Greg Schmitz
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## Foundation Development Council

Robert Beach	Bob Dieter
Jan Andersen	John Falk
Judith Benson	Bev Michael, ex-officio
Ron Bro	Miller Roskamp
Susan Card	Martha Stanford

## Building Abbreviations

Martin Suites	MS
Stanard Family Assisted Living	SFAL
Windhaven Assisted Living	WHAL
Thalman Square Memory Support	TS
Willowwood	WW
Windgrace	WG
Windermere	WM
Windcove	WC
Windridge	WR
Windcrest Villas & Townhomes	VTH
Nation Cottage and Thuesen Cottage	CTG
Prairie Wind	PW
The Deery Suites	DS

*The Journal* is a monthly publication of the WHC office of communications and public relations. To subscribe, ask questions, offer content suggestions or unsubscribe, please contact Linda Hudwalker Bowman, editor, at (319) 859-9337 or [linda.bowman@westernhome.org](mailto:linda.bowman@westernhome.org).

## Looking to save on taxes *and* make a difference?

Qualified charitable distributions (QCDs) are a direct transfer of funds from your IRA/401(K) to a qualified charity. QCDs are a great way to maximize your charitable impact, and they count toward your required minimum distribution.

You must be 70.5 years of age and you can give up to \$100,000 individually to a 501(c)(3) nonprofit organization. Western Home Foundation qualifies as it is a 501(c)(3), as its purpose is to support the mission of Western Home Services, which is also a nonprofit 501(c)(3).

Funds given through a QCD to the Western Home Foundation will not be counted toward your income and helps prevent against a 50% excise tax if you didn't take the required minimum distribution.

Please consult your tax or financial advisor to see how this might work for you. If you have any questions about the Western Home Foundation or QCDs, contact Chief Operating Officer Jerry Harris or Director of Administrative Services Susan Steffy at 319-277-2141.



WesternHome  
communities

5307 Caraway Lane  
Cedar Falls, Iowa 50613

[www.WesternHomeCommunities.org](http://www.WesternHomeCommunities.org)

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# December Specials

*Gilmore's Pub and The  
Market will close at 2 p.m. on  
Christmas Eve, be closed on  
Christmas, and be open regular  
hours on New Year's Eve.*

**GILMORE'S**  
EST. **PUB** 2018

**For carryout, call  
319-859-9342**

*\*No other discounts apply.*

**December 7 – 10**

## **TRIPLE GRILLED CHEESE SANDWICH**

Bacon, Swiss, pepper jack, cheddar cheeses on toasted sourdough.

**December 14 – 17**

## **BLT SANDWICH**

Bacon, lettuce, tomatoes with basil mayo on toasted wheat berry.

**December 21 – 24**

## **TENDER PORK LOIN**

Breaded tender pork loin with lettuce, tomato, onions and pickle on a toasted bun with a side of mayo.

**December 28 – 31**

## **CHICKEN SANDWICH**

Choice of breaded or grilled Bell & Evans chicken breast with lettuce, tomato, onion and served on toasted bun. Sauce on the side: Tennessee hot chili, house-made ranch or house-made honey mustard.

*Open Tuesday through Friday 11 a.m. to 6 p.m.*

**\$1 OFF  
Your  
Meal\***